

CanSkate Guidelines

If you wish your child to skate, these recommendations must be followed:

BEFORE SKATING:

Register on-line.

Sign and submit the Waivers to the Club. (Bring it with you on the first day.)

Sign and submit the Participant Agreements to the Club. (Bring it with you on the first day.)

Read and keep these guidelines for reference.

DO NOT COME TO THE FACILITY OR SKATE IF YOU OR YOUR CHILD:

- Exhibit any COVID-19 symptoms, such as fever, cough, difficulty breathing, or other symptoms identified by health experts.
- If you or someone in your household has been in contact with someone with COVID-19 in the last 14 days.
- If you or someone in your household has returned from travel outside of Canada in the last 14 days.

UNDERSTAND THAT:

1. Skaters, coaches, parents, volunteers and spectators will do daily verbal screening for symptoms upon arrival at the entrance of the facility.
2. All session registration and payment must be online. No bookings or payments in person at the facility.
3. Every skater may have only one person, such as a parent or guardian, enter the facility with them as a spectator, unless the spectator quota has been reached. This person must also undergo the health questionnaire and submit a waiver and participation agreement. It is WFSC's policy that all spectators wear a mask at all times while in the building.
4. You and your skater must leave the facility within 15 minutes after the end of the session.

PREPARING TO SKATE:

1. Arrive no earlier than your scheduled time to enter the building. Scheduled arrival time will be 15 minutes before your session. For example: If your skate time is 3:45 you should arrive and be at the door at 3:30. Except for the first day when we recommend you arrive 20 minutes early.
2. Skaters should be prepared to come dressed to skate **with skates on**.
3. Remember to be calm, and compassionate to all staff, coaches and skaters and at all times obey the rules of the Province of BC, the District of Lake Country, the Winfield Arena, and the Winfield Skating Club.
4. Any person who exhibits any aggression towards the staff or any other person in the facility and/or program will be asked to leave and not return.
5. To protect yourself against infections:
 - Clean your hands before going on the ice for each session.
 - Parents/Guardians/Spectators should wear a mask in the hallway, dressing room and spectator areas. Canskate children are not required to wear a mask.
 - Clean your child's equipment, including skates, clothing and water bottles regularly.
 - Do not share any equipment (water bottles, clothing, gloves, facial tissue, towels etc.) with other skaters or coaches.
 - Used Facial Tissues must be put into the garbage immediately after use.
 - Wear clean clothes and gloves for each day of skating. Make sure used clothing and gloves are washed when you return home from training.
 - Other than re-usable water bottles, no other food or drink should be brought into the facility.
 - If you cough or sneeze, do so in a tissue or into your sleeve. If you use a tissue immediately dispose of the tissue in a garbage can.
 - Avoid touching door handles, gates, benches and all other objects where the virus could survive. Use hand sanitizer frequently.

CanSkate Guidelines

- While waiting to go on the ice, stand at the designated physical distancing markers and stay away from others.
- **NO SPITTING ANYWHERE IN THE FACILITY OR ON THE ICE.**

WHILE SKATING

- You and your skater will enter the arena through the spectator area as directed by a coach or assistant.
- After your skater has stepped on the ice, you will move to your designated spectator seat, or optionally leave the building.
- Please discuss in advance with your skater that all physical contact is to be avoided. For example, they must not shake hands, high-five, hug other skaters or coaches.
- Do not share any equipment.
- Coaches will encourage the skaters to make spatial awareness a priority i.e. to keep a 2-meter distance from others at all times.
- If your skater needs assistance with his or her skates, going to the bathroom, blowing their nose etc. the coaches will guide your child to the boards, where the parent can assist them.
- Coaches are not allowed to tie skates or accompany children to the bathroom.
- Your skater will leave the ice through the **EXIT** gate. At the same time, the parents/guardian/Spectators will move toward the EXIT gate hallway in an orderly fashion, keeping 2 meters apart, to greet their child.
- After cleaning your hands, exit the building through the exit door.

AFTER SKATING

- Clean your hands at the **EXIT** hand sanitizing station.
- Take all your belongings with you. There will NOT be a "Lost & Found". Items left behind will be disposed of at the end of the day.
- Leave the facility within 15 minutes after you finish skating.

ADDED NOTICE, 5 NOVEMBER 2020:

- CanSkaters who arrive **with helmet on** and go straight to line-up to go onto the ice surface do not have to wear masks. After skating Canskate, skaters wearing helmets who exit the arena directly will not have to wear a mask.
- **Anyone** putting on skates in the arena or stopping to remove skates in the rink after their session will be required to wear a mask even if they are wearing a helmet – CanSkaters included.
- Skaters do not have to wear a mask on the ice.
- All spectators are required to wear masks in the rink at all times.

FAILURE TO FOLLOW THESE GUIDELINES MAY RESULT IN YOU BEING REMOVED FROM THE FACILITY AND POSSIBLE SUSPENSION OF YOUR MEMBERSHIP.

IN ADDITION, OUR PROGRAM COULD BE CANCELLED AND THE CLUB'S ICE BOOKING PRIVILEGES COULD BE REVOKED!