

CanSkate Guidelines

If you wish your child to skate, these recommendations must be followed:

BEFORE SKATING:

Register on-line.

Sign and submit the *Participant Agreements to the Club*. (Bring it with you on the first day.

Parents/guardians who wish to be spectators must sign their own copy of the Agreement.)

Sign and submit the *Waiver to the Club*. (Bring it with you on the first day, unless you submitted it in 2020.)

Read and keep these guidelines for reference.

DO NOT COME TO THE FACILITY OR SKATE IF YOU OR YOUR CHILD:

- Exhibit any COVID-19 symptoms, such as fever, cough, difficulty breathing, or other symptoms identified by health experts.
- If you or someone in your household has been in contact with someone with COVID-19 in the last 14 days.
- If you or someone in your household has returned from travel outside of Canada in the last 14 days.

UNDERSTAND THAT:

- Skaters, coaches, volunteers and, if permitted, parents/guardians/spectators will have daily verbal screening for symptoms upon arrival at the entrance of the facility.
- All session registration and payment must be on-line. No bookings or payments in person at the facility.
- It is WFSC's policy that all spectators wear a mask at all times while in the building. However, as of 20 Nov, 2020 no spectators are allowed until further notice.
- You and your skater must leave the facility within 15 minutes after the end of the session.

PREPARING TO SKATE:

1. Arrive no earlier than your scheduled time to enter the building. Scheduled arrival time will be 15 minutes before your session. For example: If your skate time is 3:45 you should arrive and be at the door at 3:30. Except for the first day when we recommend you arrive 20 minutes early.
2. Skaters should come dressed to skate, **with skates and helmet on**.
3. Remember to be calm, and compassionate to all staff, coaches and skaters and at all times obey the rules of the Province of BC, the District of Lake Country, the Winfield Arena, and the Winfield Figure Skating Club.
4. Any person who exhibits any aggression towards the staff or any other person in the facility and/or program will be asked to leave and not return.
5. To protect yourself against infections:
 - Clean your hands before going on the ice for each session.
 - Clean your child's equipment, including skates, and water bottles regularly.
 - Do not share any equipment (water bottles, clothing, gloves, facial tissue, towels etc.) with other skaters or coaches.
 - Used facial tissues must be put into the garbage immediately after use.
 - Wear clean clothes and gloves for each day of skating. Make sure used clothing and gloves are washed when you return home from training.
 - Other than re-usable water bottles, no other food or drink should be brought into the facility.
 - If you cough or sneeze, do so in a facial tissue or into your sleeve.
 - Avoid touching door handles, gates, benches and all other objects where the virus could survive. Use hand sanitizer frequently.

CanSkate Guidelines

- While waiting to go on the ice, stand at the designated physical distancing markers and stay away from others.
- **NO SPITTING ANYWHERE IN THE FACILITY OR ON THE ICE.**

WHILE SKATING

- Your skater will enter the arena through the door as directed by a coach or assistant.
- Please discuss in advance with your skater that all physical contact is to be avoided. For example, they must not shake hands, high-five, hug other skaters or coaches.
- Do not share any equipment.
- Coaches will encourage the skaters to make spatial awareness a priority i.e. to keep a 2-meter distance from others at all times.
- If your skater needs assistance with his or her skates, going to the bathroom, blowing their nose etc. the coaches will guide your child to the boards, where the volunteers will assist them or call the parent.
- Coaches are not allowed to tie skates or accompany children to the bathroom.
- Skaters will leave the ice through the **EXIT** gate and be directed to the EXIT door to meet their parent/guardian.
- After cleaning your hands, exit the building through the **EXIT** door.

AFTER SKATING

- Clean your hands at the **EXIT** hand sanitizing station.
- Take all your belongings with you. There will NOT be a "Lost & Found". Items left behind will be disposed of at the end of the day.
- Leave the facility within 15 minutes after you finish skating.

ADDED NOTICE, 5 NOVEMBER 2020:

- CanSkaters who arrive **with skates and helmet on** and go straight to line-up to go onto the ice surface do not have to wear masks. After skating CanSkate, skaters wearing skates and helmet who exit the arena directly will not have to wear a mask.
- **Anyone** putting on skates in the arena or stopping to remove skates in the rink after their session will be required to wear a mask even if they are wearing a helmet – CanSkaters included.
- Skaters do not have to wear a mask on the ice.
- All spectators/parents/guardians, if permitted to enter the building, are required to wear masks in the building at all times.

ADDED NOTICE 22 NOVEMBER 2020:

Revised 22 Nov 2020 to reflect the BC PHO order issued 19 Nov and in accordance with BC/YK section of Skate Canada.

No spectators will be allowed to attend. Parents will check-in their skater at the entrance door, and after the session, meet their child at the North exit door.

FAILURE TO FOLLOW THESE GUIDELINES MAY RESULT IN YOU BEING REMOVED FROM THE FACILITY AND POSSIBLE SUSPENSION OF YOUR MEMBERSHIP. IN ADDITION, OUR PROGRAM COULD BE CANCELLED AND THE CLUB'S ICE BOOKING PRIVILEGES COULD BE REVOKED!

THANK YOU. YOUR COMPLIANCE ALLOWS THE CLUB TO CONTINUE OFFERING THESE PROGRAMS.