

Return to Skating Guidelines for Skaters

If you wish to skate, you must follow these recommendations:

BEFORE YOU SKATE:

Register on-line.

Sign and submit the Waiver to the Club. (Bring it with you on the first day.)

Sign and submit the Participant Agreement to the Club. (Bring it with you on the first day.)

Read and keep these guidelines for reference.

DO NOT COME TO THE FACILITY OR SKATE IF YOU:

- Exhibit any COVID-19 symptoms, such as fever, cough, difficulty breathing, or other symptoms identified by health experts.
- If you or someone in your household has been in contact with someone with COVID-19 in the last 14 days.
- If you or someone in your household has returned from travel outside of Canada in the last 14 days.

UNDERSTAND THAT:

1. Skaters, coaches, parents, volunteers and spectators will have daily verbal screening for symptoms upon arrival at the entrance of the facility. Please keep in mind that all physical distancing restrictions apply to all skaters except that Pairs and Ice Dance skaters may skate together as long as they always skate with the same partner.
2. All session registration and payment must be online. No bookings or payments in person at the facility. Drop-in/buy-on participation is not allowed.
3. Every skater may have only one person, such as a parent or guardian, enter the facility with them as a spectator, unless the spectator quota has been reached. This person must also undergo the health questionnaire and submit a signed Waiver and Participation Agreement. It is WFSC's policy that spectators wear a mask at all times while in the building.
4. Skaters must leave the facility within 15 minutes after the end of the session.
5. If you have music for your programs, you must send it to the Club, or your coach BEFORE the start date of your session so that it can be added to the Club's music equipment. There will be only one person allowed to handle the music equipment. No other electronic equipment (iPhone, iPads, tablets etc.) will be allowed.

PREPARING TO SKATE:

1. Arrive no earlier than your scheduled time to enter the building. Scheduled arrival time will be 15 minutes before your session. For example: If your skate time is 4:00 you should arrive and be at the door at 3:45.
2. Skaters and coaches should be prepared to come dressed to skate with only the skates and helmets left to be put on. Shoes can be left in the dressing room while you skate. Only your basket containing a water bottle, facial tissues and hand sanitizer goes with you to the rink side.
3. Remember to be calm and compassionate to all staff, coaches and skaters and at all times obey the rules of the Province of BC, the District of Lake Country, the Winfield Arena, and the Winfield Skating Club.
4. Any person who exhibits any aggression towards the staff or any other person in the facility and/or program will be asked to leave and not return.
5. To protect yourself against infections:
 - Clean your hands before going on the ice for each session.
 - Wear a mask in the hallway, dressing room and spectator areas.
 - Clean your equipment, including your skates, clothing and water bottles regularly.
 - Do not share any equipment (water bottles, clothing, gloves, facial tissue, towels etc.) with other skaters or coaches. Put your equipment, in the space indicated – 2 meters from others.

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- Used Facial Tissues must be put into the garbage immediately after use.
- Wear clean clothes and gloves for each day of skating. Make sure used clothing and gloves are washed when you return home from training.
- Other than re-usable water bottles, no other food or drink should be brought into the facility.
- If you cough or sneeze, do so in a tissue or into your sleeve. If you use a tissue immediately dispose of the tissue in a garbage can.
- Avoid touching door handles, gates, benches and all other objects where the virus could survive. Use hand sanitizer frequently.
- While waiting to go on the ice, stand at the designated physical distancing markers and stay away from others. Carry your basket with your labelled water bottle, facial tissue, hand sanitizer and skate guards in it.
- **NO SPITTING ANYWHERE IN THE FACILITY OR ON THE ICE.**

WHILE SKATING

- You will enter through the **HOME** players bench gate that is identified as **ENTRANCE**. Player benches will be marked for seating. Place your basket with water bottle and tissue box and skate guards appropriately distanced between markers on the boards. When entering the ice from the bench skaters must always use the gate closest to the penalty box.
- Avoid all physical contact, for example shaking hands, high-fiving, hugging other skaters or coaches. Do not share your equipment.
- Avoid touching your face.
- Make spatial awareness a priority. Try to keep a 2-meter distance from others at all times.
- Do not touch any equipment, including music playing equipment. There will be a designated person to operate all music equipment.
- Pairs and Ice Dance skaters may skate together as long as they are always skating with the same partner.
- Leave the ice through the **EXIT** gate and walk single file, to your seat in the dressing room to remove helmets and skates.

AFTER SKATING

- Clean your hands at the **EXIT** hand sanitizing station.
- Take all your belongings with you. There will NOT be a "Lost & Found". Items left behind will be disposed of at the end of the day.
- Leave the facility within 15 minutes after you finish skating.

ADDED NOTICE, 5 NOVEMBER 2020:

- All skaters in the Junior, Teen+, Intermediate, Senior, Mixed, and Adult programs are required to wear a mask in the arena when they are not on the ice.
- Skaters do not have to wear a mask on the ice.
- All spectators are required to wear masks in the rink at all times.

FAILURE TO FOLLOW THESE GUIDELINES MAY RESULT IN YOU BEING REMOVED FROM THE FACILITY AND POSSIBLE SUSPENSION OF YOUR MEMBERSHIP.

IN ADDITION, OUR PROGRAM COULD BE CANCELLED AND THE CLUB'S ICE BOOKING PRIVILEGES COULD BE REVOKED!

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Skater's Basket

In exchange for submitting your signed Waiver and Participation Agreement on the first day of skating, you will be given an empty Skater's Basket. It will be yours to keep.

Be prepared to put your name on the basket. It should be used to carry the items you need from the dressing room to the arena.

You may use the basket to carry your own:

- water bottle – labelled with your name
- facial tissue
- hand sanitizer
- skate guards

These are the only things you will be allowed to take into the arena. Come dressed to skate. You must use the dressing room to put on your skates. Remember to clean the basket, all your equipment and clothes daily.

