

Intermediate Fall 2024 Internal Schedule

Monday 5:00-6:00

5:00-5:15 Group Class

5:15-5:45 FreeSkate/Independent Work (Private Lessons strongly encouraged!)

5:45--6:00 Group Skills

Wednesday 6:00-7:00

5:30-6:00 – SYNCHRO *Must register Separately

6:00-6:15 Group Dance

6:15-7:00 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)

Friday 3:45-5:00, 5:10-5:30 Off Ice

3:45-4:00 Synchro Basics

4:00-4:30 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)

4:30-4:45 Group Turns/Edges/Power

4:45-5:00 Group Class

5:10-5:30 Off Ice Class