

Senior Fall 2024 Internal Schedule

Monday 5:15-7:45

5:15-5:45 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)

5:45-6:00 Group Skills

6:00-6:15 FLOOD/BREAK

6:15-6:30 Group Turns/Edges/Power

6:30-7:15 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)

7:20-7:45 Off- Ice Class

Wednesday 6:00-7:00

5:30-6:00 – SYNCHRO *Must register Separately

6:00-6:15 Group Dance

6:15-7:00 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)

Friday 4:30-6:30

4:30-4:45 Group Turns/Edges/Power

4:45-5:00 Group Class

5:00-6:00 FreeSkate/ Independent Work (Private Lessons strongly encouraged!)